

# Dr. Mitchell Corwin

[dr.corwin@sbcglobal.net](mailto:dr.corwin@sbcglobal.net)

<http://kinesiologydoc.com/>

**2914 Domingo Ave Suite B**  
*(across from the Claremont hotel)*  
**Berkeley CA 94705**

**510 845-3246**  
**(Wednesday & Friday & Saturday)**

**Health Medicine Center**  
**1620 Riviera Ave**  
*(behind Walnut Creek Bart Station)*  
**Walnut Creek CA 94596**

**925 935-7500**  
**(Tuesday & Thursday)**

Dr. Mitchell Corwin provides integrative health care using a method called Neural Organization Work (*N.O.W.*). This work is based in Applied Kinesiology, which utilizes muscle testing as a functional neurological assessment tool.

My purpose is to address your health concerns swiftly and effectively by:

- Identifying the causative factors of an illness or injury.
- Correcting neurological disorganization.
- Enhancing immune system and tissue repair function.
- Optimizing efficiency of the central nervous system.
- Resolving most musculo-skeletal (non-traumatic) conditions in as few as two office visits.
- 60-minute appointments.

**Neural Organization Work** is a holistic physical and energetic medicine modality, based in Applied Kinesiology, which deals with our basic survival systems of fight/flight, feeding/immune and reproduction. Our health depends on how well these systems are maintained and their ability to receive, process and respond to sensory information in a constantly changing environment of both internal and external stressors. Treatment utilizes a sensory receptor-based therapy involving primarily skin surface reflexes designed to normalize nervous system function.

Dr. George Goodheart, a chiropractic physician in Michigan, developed Applied Kinesiology in 1964. Applied Kinesiology (*AK*) is a functional neurological assessment and treatment process that extends the neurological examination in both the medical and chiropractic context. Of the many advances in Applied Kinesiology, the most well known is the diagnostic procedure called muscle testing. This procedure creates a monitored primary feedback mechanism between the nervous system and the skeletal muscles. An examiner will typically use the straight-arm test (deltoid muscle) to evaluate how well the muscle will resist an externally variable force. If the muscle is capable of 'resisting' then the examiner can proceed with a second principle called therapy localization, a diagnostic scanning tool developed in 1974. This unique procedure can be used to ascertain the status of most neuro-physiological events in the body revealing whether an event is physical, chemical, emotional, or a memory. If a neuro-physiological receptor is identified to be in deficit, the muscle will exhibit that same deficiency resulting in a weak muscle test. This method, when properly applied, functions as an efficient diagnostic tool that guides the practitioner in an accurate diagnosis as well as development of an appropriate treatment program.

In 1978 Dr. Carl Ferreri, a chiropractic physician from New York, further developed the basic concepts of Applied Kinesiology and combined them with energetic medicine into what he named Neural Organization Technique (*N.O.T.*).

In 1999, Dr. Mitchell Corwin enhanced the work of Dr. Ferreri to include immuno-therapy techniques allowing the practitioner to address a wider variety of systemic illnesses and neurological conditions.

Neural Organization Technique holds as its premise that everything that happens to us on a physical, chemical or emotional level must be processed through one or more of the three basic survival systems. Our reaction to these stimuli will not be random but one of a chain of neuro-biochemical events always designed to compensate and maximize our survivability. This compensatory state is accomplished by constantly monitoring both the internal and external environment through a vast array of information gathering sensors within the autonomic nervous system component of our central nervous system. Illnesses, pain, toxicity, scoliosis, fatigue, etc. all represent compensatory states. It is our goal to undo these compensatory states and return the body (central nervous system) back to its original operating parameters.

## **SURVIVAL SYSTEMS**

The involvement of the **fight/flight system** is a key factor in most musculo-skeletal problems. The ability to stand erect and move against gravity is maintained by a complex system of body centering reflexes that are composed of a multitude of sensory input devices constantly feeding back sensory information to the central nervous system. When these input devices malfunction, mostly due to physical trauma, confusion exists and compensations result in reduced efficiency. It is because of this compensatory state that one becomes prone to injury or failure to heal.

An extreme example is the condition of scoliosis. Here the spine appears twisted and distorted, but from what? It is possible that this may represent a grossly compensatory state of a centering problem, i.e. being stuck in a frozen walking step/gait position. If so, then the most appropriate treatment is not bracing, stretching or exercise, but one of first reestablishing center (neutral gait) and second reducing the compensatory 'reactive muscles and fascia'.

Scoliosis is not a life long spinal problem but a treatable one. Individuals who have a significant spinal curve can feel assured that there would not be the typical one-degree increase every year. Correcting the gait / centering problem previously described, will prevent the bending type scoliosis from developing in the adolescent child.

A successful treatment outcome is measured by the improvement in symptoms, stopping the progression of the spinal curve and eliminating the aberrant neurology that caused it.

The next survival system is the **digestion system**. Its function in breaking down our food and absorption will always play a key role in the restoration and maintenance of health.

Digestive problems come from many sources and one source commonly overlooked is the role of the temporo-mandibular joint (T.M.J.). The T.M.J. movements of opening, closing, chewing and swallowing activate the different functions of the digestive process. A problem at the jaw level will have significant ramifications throughout the entire digestive tract, such as constipation, malabsorption and irritable bowel. Additionally, one cannot omit the role of diet and opportunist

organisms such as parasites and fungal/yeast infections and other thin-walled diseases of the bowels. It is this combination that leads to chronic digestive problems such as malabsorption syndromes, colitis and allergies /sensitivities.

Although related to the digestive system, the jaw (T.M.J.) plays an additional function in survival. That functional role is of a filtering mechanism vital to survival. The left jaw protects us from overwhelming physical pain and physiological stress and the right jaw protects us from overwhelming emotions.

The last external survival system is **reproduction**. It represents hormone production primarily from the endocrine glands, which function as the non-electrical communication system within the body and central nervous system. Balancing the endocrine system allows for sugar handling, adrenal, thyroid, digestive, reproductive and menopause imbalances to become treatable and resolvable.

The **immune system**, unlike the other survival systems, is geared toward housekeeping and can be thought of as a separate *internal* survival system composed of the spleen, thymus and specialized white blood cells called lymphocytes. The spleen represents the red blood cells responsible for growth and repair while the white blood cells are the police continually on guard against microorganism invasion.

Of the many immune system challenges we encounter, number one on the non-microbial list is heavy metal toxicity. The primary source is always amalgam fillings. If you have amalgam fillings in your teeth, you have a problem now or forthcoming in the near future. If your amalgams have been removed, you have solved half the problem. The mercury that leaches out from these amalgam fillings over time weakens our immune system and irritates nerve tissue and will always predispose the digestive system to candida. This nerve irritation is responsible for nearly all-persistent neurological problems that fail to respond to usual and customary care. In neutralizing heavy metal toxicity, Neurological Organization Work (*NOW*) can rebuild and recruit the immune system to quickly and efficiently detox this offensive mercury toxin from our body and central nervous system. Often this process will need to be done prior to and after amalgam removal by your dentist.

After the survival systems have been addressed, if appropriate, upper brain function or **language processing** can be examined. Although this topic will be discussed in greater depth in a future publication, a brief outline follows. There are four primary neurological deficits addressed:

1. Cranial Faults (Cranial bone distortions commonly described in many manipulative therapies).
2. Correction of the vestibular ocular reflexes systems within cranial nerves (3,4,6,8).
3. Primary deficits of auditory processing, eye tracking, teaming and secondary academic skills.
4. Emotional factors that often sabotage or inhibit optimal function and commonly self-esteem issues.

My focus will not be of remediation but one of neurological correction allowing for a swifter remediation process. Often a team approach is required between practitioner and therapist(s). Once the foundational survival system reflexes are corrected, they can be used to rebuild the core immune system (neuro-immuno-therapy) allowing for a successful resolution of many chronic systemic illnesses.

The process of rebuilding the core immune system (Spleen, Thymus (B & T Lymphocytes) and Central Nervous system) is essential for regaining health from chronic illnesses. It is my belief that if the immune system failed to address the initial problem (acute phase) then it will not be able to accomplish the same task later on during the chronic phase. External nutritional products although helpful is not the key. Restoration of neuro-physiological function is.

After the retraining of the core immune system through a complex and repetitive neurological process, the immune system can be instructed to seek out chronic infections that it has been ignoring.

The initial task often is the tagging and detoxification of heavy metals (primarily mercury from leaking amalgam dental fillings). This process may have to be done before during and after dental amalgam removal. The next process is decontaminating the bones where our immune system is born.

Once the above tasks of rebuilding the immune system and detoxification are completed, then the highly trained immune system can address the many chronic microorganism infections:

- Candida, fungal & yeast infections
- Bacterial infections
- Parasitic infections
- Herpetic viral infections (CFS)
- Spirocyte infections
- Autoimmune and allergy dysfunctions

An additional and often overlooked function of the immune system is tissue repair. This can also be accomplished to rebuild weakened organs, scars, joints, ligaments, spinal discs, muscles and utilizing advanced energetic principles to address miasms.

Neural Organization Work is uniquely adaptive to addressing the causative factors of many complex health problems, and often it will require a team effort with your present health practitioner. If there are medical / pharmaceutical issues and or emotional factors I often utilize the integrative talents of additional practitioners at the Walnut office (Health Medicine Center).

Dr. Mitchell Corwin is a graduate of New York Chiropractic College in 1977 and has been in private practice in California since 1980. Dr. Corwin is a member of the International College of Applied Kinesiology (I.C.A.K.), Energy Kinesiology Association (EnKA), International Association of Specialized Kinesiologist (I.A.S.K.), Health Medicine Forum and the California Chiropractic Association.

Dr. Corwin teaches Neural Organization Work (N.O.W.) and lectures worldwide and is known as a leading expert in his field.



**Dr. Corwin**



**HMC Staff Party 2008**



**HMC 2007**