

Name _____

Date: 2009

**IDENTIFYING LEVELS
OF
EMOTIONAL OVERLAYS**

15 MINUTE CORRECTION PROTOCOL

Presented By

Dr. Mitchell Corwin

**Mitchell Corwin, D.C.
2914 Domingo Ave
Berkeley CA 94705
(510) 845-3246
drcorwin@prado.com
www.kinesiologydoc.com**

TABLE OF CONTENTS

Page 1	Outline and Discussion
Page 2	Screening
Page 3	Emotional Overlays
Page 4	Evaluation
Page 5	Corrections Steps 1-3
Page 6	Corrections Steps 4-10
Page 7	Corrections Steps 11-12
Page 8	Corrections Steps 12-13
Page 9	Corrections Steps 13-14
Index I	Introduction to Neural Organization Technique
Index II	Introduction to the Survival Systems
Index III	Introduction to Learning Disabilities
Index IV	Definitions and Terms
Index V	EnKA Journal Submission by Dr. Corwin, "Essential Tools for the Energy Kinesiology Practitioner"

Dr. Mitchell Corwin is an Applied Kinesiologist trained as a Chiropractor. He has a clinical practice in Berkeley. Dr. Corwin also works at an integrative alternative health clinic in Walnut Creek California. Dr. Corwin was trained by Dr. Carl Ferreri in the early 1980's in Neural Organization technique, which he has expanded into what is now called Neural Organization Work (N.O.W.).

Permission granted to copy for personal/professional use.

Neural Organization Technique

Neural Organization Technique is a holistic physical and energetic medicine modality, based in Applied Kinesiology, which deals with our basic survival systems of fight/flight, feeding/immune and reproduction. Our health depends on how well these systems are maintained and their ability to receive, process and respond to sensory information in a constantly changing environment of both internal and external stressors. Treatment utilizes a sensory receptor-based therapy involving primarily skin surface reflexes designed to normalize nervous system function.

In 1978 Dr. Carl Ferreri, a chiropractic physician from New York, further developed the basic concepts of Applied Kinesiology and combined them with energetic medicine into what he named Neural Organization Technique.

In 1999 Dr. Mitchell Corwin enhanced the work of Dr. Ferreri to include immuno-therapy techniques allowing the practitioner to address a wider variety of systemic illnesses and neurological conditions. The combination of these two techniques is called Neural Organization Work.

The Survival Systems of man (Fight/Flight, Feeding, Reproduction) are not unlike those of lower forms of animals and represent the primitive part of our central nervous system (CNS). Essentially the survival systems function on a subconscious level i.e. under the control of the autonomic nervous system. They allow us to survive in a hostile or potentially hostile environment by fleeing from or fighting our predators/enemies, by gathering and assimilating food and by procreation of the species.

Although humankind has for the most part evolved as a peaceful being, our CNS maintains most of its primitive autonomic components that when triggered, responds in a preprogrammed fashion. These responses need to complete their normal cycle of activation-response-reset or they will leave us in an aberrant neural compensatory state. This state is often the reason for many of our chronic neuro-musculo-skeletal complaints and the origin of future systemic and degenerative health issues.

The purpose of Neural Organization Work is to re-establish neural function by resetting neural pathways and undoing compensatory states. By returning neural function back to its original state, the concept of rehabilitation and or retraining is irrelevant. An optimally functioning nervous system raises our vitality and improves longevity.

Neural Organization Work incorporates both basic and advanced applied kinesiological and other eclectic kinesiological techniques. Following in the tradition of holistic/integrative medicine, the emphasis is on return to homeostasis by combining the knowledge of functional neurology and the innate wisdom of our nervous system and immune/tissue repair system.

The premise of Neural Organization Work is to evaluate how the input of sensory information is gathered then interpreted and monitor it's output. Re-establishing neurology at the sensory input level is fundamental to *NOW* and this re-establishment is what makes the work unique in the healing arts. Its ease of application allows any practitioner with an understanding of basic neurology and competency in the art of muscle testing to become a successful and respected health care provider.

THE SURVIVAL SYSTEMS

The Survival Systems of man (Fight/Flight, Feeding, Reproduction) are not unlike those of lower forms of animals and represent the primitive part of our central nervous system (CNS). Essentially the survival systems function on a subconscious level i.e. under the control of the autonomic nervous system. They allow us to survive in a hostile or potentially hostile environment by fleeing from or fighting our predators/enemies, by gathering and assimilating food and by procreation of the species.

Although mankind has for the most part evolved as a peaceful being, our CNS maintains most of its primitive autonomic components that when triggered, responds in a preprogrammed fashion. These responses need to complete their normal cycle of activation-response-reset or they will leave us in an aberrant neural compensatory state. This state is often the reason for many of our chronic neuro-musculo-skeletal complaints and the origin of future systemic and degenerative health issues.

The purpose of Neural Organization Work is to re-establish neural function by resetting neural pathways and undoing compensatory states. By returning neural function back to its original state, the concept of rehabilitation and or retraining is irrelevant. An optimally functioning nervous system raises our vitality and improves longevity.

Neural Organization Work incorporates both basic and advanced applied kinesiological and other eclectic kinesiological techniques. Following in the tradition of holistic/integrative medicine, the emphasis is on return to homeostasis by combining the knowledge of functional neurology and the innate wisdom of our nervous system and immune/tissue repair system.

The first section involves the fight/flight system and represents the most complex of the survival systems. Even with the complexity of this system, the work should need to be done only once. The second section looks at the immune and digestive systems and the third section involves our hormonal/reproductive system.

The premise of Neural Organization Work is to evaluate how the input of sensory information is gathered then interpreted and monitor it's output. Re-establishing neurology at the sensory input level is fundamental to *NOW* and this re-establishment is what makes the work unique in the healing arts. Its ease of application allows any practitioner with an understanding of basic neurology and competency in the art of muscle testing to become a successful and respected health care provider.

Comments: _____

KINESIOLOGICAL APPROACH TO LEARNING DISABILITIES

Recent breakthroughs in kinesiological-based medicine coupled with a greater understanding of brain function have made available new approaches to learning disabilities and related disorders. The primary focus of this work is to identify and remove the underlying neurological deficits in the central nervous system that impede normal language skill development.

A kinesiological-based approach utilizes muscle testing as functional neurological assessment tool to understanding normal and abnormal physiology. This assessment tool offers immediate feedback to the practitioner to assist in diagnosis and formulating the most effective therapy. In this approach, there are three primary areas of concern that are common to everyone with a learning disability, whether it be mild, moderate, or severe. The first involves unique cranial bone faults that require resetting and reestablishing its normal respiratory movement. Correction of the primary fault, the sphenoid bone, neutralizes the physical component affecting the eye muscles related to eye tracking and teaming and the normalization of brain pathways that follow the electromagnetic patterns within the cranial bones. The second component involves the vestibulo-ocular reflex system. This reflex system involves the inner ear, our balance mechanism. An imbalance in the vestibular mechanism (the eight cranial nerve) has a direct influence on balance, walking-running gait, and the potential of scoliosis developing during puberty. The third factor involves the primary deficits of auditory processing and reading.

A typical first visit will involve a neurological assessment utilizing muscle testing to determine the extent of the vestibular balance fault, level of emotional involvement, and whether or not ADD factors are present. The therapy involves a sequential re-patterning of the gait reflexes, digestive, endocrine and immune systems. These reflexes make up our basic survival systems of fight/flight, feeding and reproduction. By the completion of the first visit, upper brain function, language processing is addressed. If emotional overlays are present, as they often are, additional visits may be required to diffuse the emotional anchor and its impact in sabotaging specific academic skills. Nutritional factors should also not be overlooked as many children suffer from methylation (detoxification) deficits, which often can play a significant role.

Key contributors to this kinesiology-based therapy are Drs. Carl Ferreri, George Goodheart and Charles Krebs. Dr. Ferreri outlined the kinesiological foundation of learning differences in the early 1980's with the introduction of his book called "Breakthrough for Learning Disabilities and Dyslexia." This contribution, called Neural Organization Technique, made available a practical approach for kinesiological-based practitioners (chiropractors, naturopaths, osteopaths, and kinesiology trained body workers) worldwide. All of these historical advances would not have been possible without the practical applications of applied kinesiology. Dr. George Goodheart, the founder of Applied Kinesiology in 1965, developed an entire health care system to evaluate the structural, nutritional, and mental components of health and disease. His foundation contribution called "Muscle Testing" provided an immediate biofeedback response to the practitioner that remains today as a primary assessment tool in nearly all alternative based therapies.

Dr. Krebs' work in his recent book called, "A Revolutionary Way of Thinking" opened up new ways to view and understand the emotional overlays through the amygdala (part of the brain that stores our core emotions). This insight has led to a greater understanding of attention deficits and right-left brain integration.

Combining these strategies in my clinical practice, I have been able to obtain successful results in treating children and adults with learning disabilities and related disorders. Often I see a dramatic improvement in concentration, reading speed and improved ability to initiate tasks with follow through to completion. It has been gratifying to assist many patients in the learning challenged community often in as few as 4-6 one-hour therapy sessions.

Dr. Mitchell Corwin is an integrative healthcare practitioner since 1982, practicing under the license of Chiropractic. He maintains a private practice in Berkeley and participates in a collaborative health center in Lafayette California. He can be reached at 510-845-3246 or by email if you have additional questions at dracorwin@prado.com and www.lastchancegarage.org.

DEFINITIONS AND TERMS

- N.O.T.** Neural Organization Technique: Developed in the late 1970's
Dr. Carl Ferreri, D.C. Ph.C. in New York
Neural Organization Technique is a systematic protocol based primarily in applied kinesiology that organizes the nervous system through the primal survival reflex systems of fight/flight feeding and reproduction.
- N.O.W.** Neural Organization Work: Is a compilation of Dr. Ferreri's original work augmented by Dr. Mitchell Corwin.
Neural Organization Work incorporates all the basic concepts of N.O.T. with emphasis in immuno-therapy, systemic illness, and vitality.
- A.K.** Applied Kinesiology: A.K. is a functional neurological assessment and therapeutic technique developed by Dr. George Goodheart in the early 1960's and later evolved into the International college of Applied Kinesiology (I.C.A.K.).
- Muscle Testing** Is a methodology within A.K. utilizing an isolated muscle challenge to access neurological memory. It functions as a neurological assessment tool allowing a practitioner access to all biological processes.
- NL** Neurolymphatic reflexes are skin surface reflexes that facilitate lymphatic drainage of both muscle and corresponding organ(s).
- NV** Neurovascular reflexes are skin surface reflexes that facilitate vascular drainage of both muscle and corresponding organ(s).
- TL** Therapy Localization is unique phenomena to A.K., which allows a practitioner scan reflexes for energetic imbalances.
- IM** Indicator muscle is often used to facilitate a specific procedure or scan.
- Gait** The walking or running posture and its associated muscular activity.
- TNRR** Tonic Neck righting reflexes.
- Cloacals** Cloacal reflexes are the centering reflexes of the pelvis.
- Ocular** Ocular reflexes are the head righting reflexes responsible for orientating to the horizon.
- Labyrinthine** Labyrinthine reflexes are the head righting reflexes responsible for orientating to gravity.
- TS Line** Temporal-Sphenoidal Line are skin surface scanning reflexes on the cranium.
- Chiropractic** An alternative health care profession that has as its core philosophy the facilitation of the bodies own resources to restore health. It incorporates an eclectic methodology.